Anne Ross Library Orientation

University of Medicine & Health Sciences

Ann Celestine



Director of Library & Educational Applications

Library Staff: Linda Lowry ~ Doya James ~ Raeeza Rahaman Nicola Herbert ~ Akeem Connor



Get Connected!

- Come to the Library Desk set up your library account
- Check out the <u>Library webpages</u> for resource links
- Check out <u>LMS Library Services</u> section for Login and databases navigation instruction
- Check the Anne Ross Library Blog & The UMHS Endeavour Blog regularly for important news & information.
- Make note of all the logins for the various resource databases [may have generic direct access while on campus]
- Contact us: library@umhs-sk.net (869)466-2043 x 142
- Hours: Monday ~ Friday 7:00 am~10:00 pm Saturday & Sunday 10:00 am~10:00 pm

Library Policies



• QUIET!

- NO food !
- Drinks in spill-proof containers ONLY
- Take care of the books
- Loan period is one week
- Renew items if not requested
- Fines are \$3 p/day, p/item
- Return items on time
- Your cooperation & compliance is expected!
- Disrespect or rudeness will not be tolerated!

Library Services

- Reference & research assistance
- Searching skills instruction



- Scanning [free] and color/BW photocopying to paper or to thumb drive [see pricing]
- Cell Phone Top-up
- Course & Review textbooks on Reserve
- Licensed Software & Database Programs
- Other collections ~ Reference, Caribbean, games, DVD's, journals, fiction, flash cards, anatomical models, book holders, etc.

Library Home Page

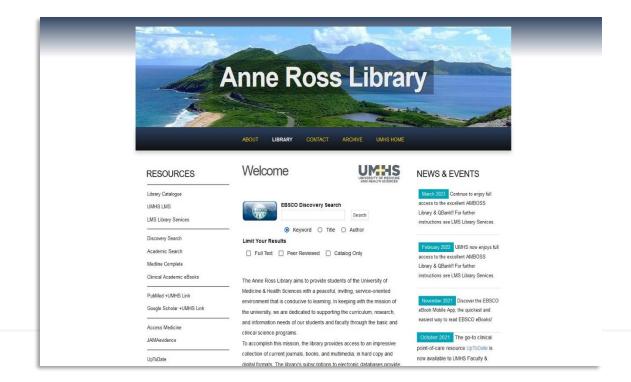
This is your starting point. Add to your Desktop /Toolbar! http://umhs-library.com

Provides quick access to :

- Library Catalogue and Learning Management System [LMS]
- Clinical, ebook, journal, educational resource databases
- Toolkits provide links to selected web-based resources
- Blogs, Twitter, Pinterest & Archive
- Hours / Contacts / Policies
- CAMS Student Portal & Web Mail
- UMHS Examination Portal [ExamSoft]



Anne Ross Library Home Page



Anne Ross Library Blog

- Information resources news / updates
- Library contact info & hours
- Key links to web resources
- Custom search widgets

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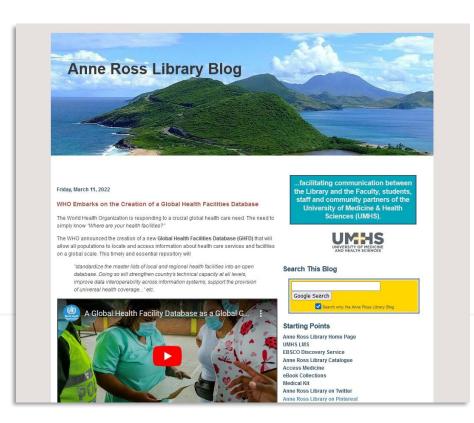
- Interesting posts, videos and podcasts
- Leave comments [interactive]
- Links to local news and happenings, such as SKN Vibes, Cinema, hurricane & earthquake updates...

http://umhslibrary.blogspot.com

Check the blog regularly!



Anne Ross Library Blog



Anne Ross Library Catalogue

Index to

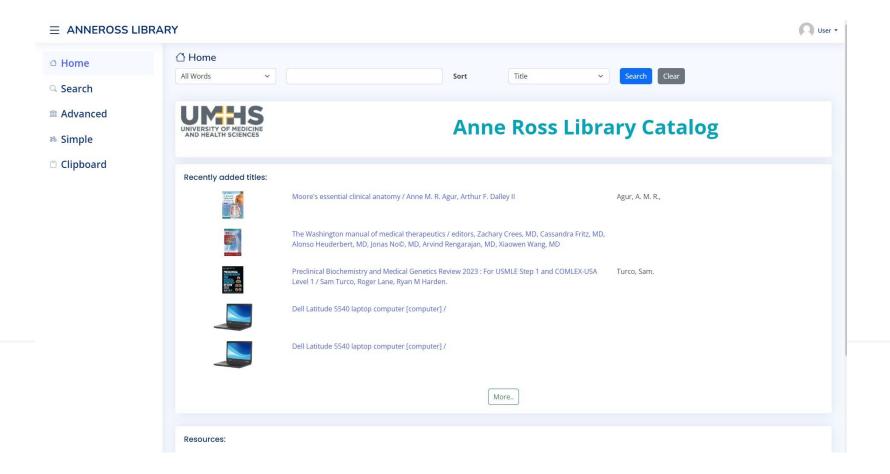
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- >12,000 hardcopy books
- >600 Multimedia Materials
- >180,000 downloadable ebook links to the EBSCO Clinical and Academic eBook Collections.
- Basic & Advanced Search
- LC Classification & NLM Subject Headings
- Links to other ebooks, electronic documents, etc.
- Remote access, 24/7
- Place holds remotely
- Login: AnneRoss Library, one space, no password
- Mobile interface and App available
- Holdings also searchable in EBSCO Discovery [EDS]



Anne Ross Library Catalogue

C* University of Medicine and Health Sciences



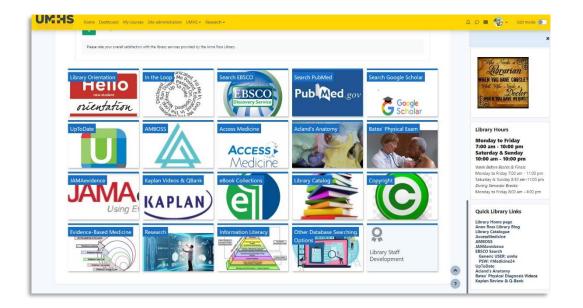
UMHS LMS

Login instructions sent by email from the Registrar

Home Destabard My courses Site administration UMHS v Research v	A 🕫 🖉 🖌 Edit mode
University of Medicine and Health Sciences	
🕷 Dashboard 🛗 Calendar 🗮 Badges 🖉 All Courses 🕼 Create a Course	Quick Library Links
Home Settings Participants Reports Question bank More +	Recommended Resurces List Access Medicine JAMAerdence BSCO Search BSCO Search USER: unhs 6 VW: #Medicine24 UroTobate
UNHS COVID Protocol Uptosetet 20/09/22, 08:80	AiMBOSS Acland's Anatorny Batter Physical Commission Batter Physical Commission Anne Ross Library Blog Library Catalogue
Medical Subject Headings (MeSH)	ExamSoft Please first all deam information, posticity, instruction, and schedule under the "Student Services" and Corto Accessent & Reaminator
DrugBank	Services'.
Texicology (TOXLINE)	Activities SplowButton SplowButton SplowButton Conserve Conserve Reproducts Conserve Conserve Conserve Co
_	Quickmail
Requesting feedback on the AMBOSS and Kaplan resource databases	Compose Message

- Course content & materials, interaction & communication, assignments & quizzes, readings, attendance, etc.
- Self-record your class attendance in 20 minute window!!

UMHS LMS: Library Services



- Resource database logins, navigation instructions
- Video tutorials on searching the medical literature
- Stay 'In the Loop' with the medical literature
- Connect with the Library Staff
- Research & Evidence Based Medicine resources

Access Medicine

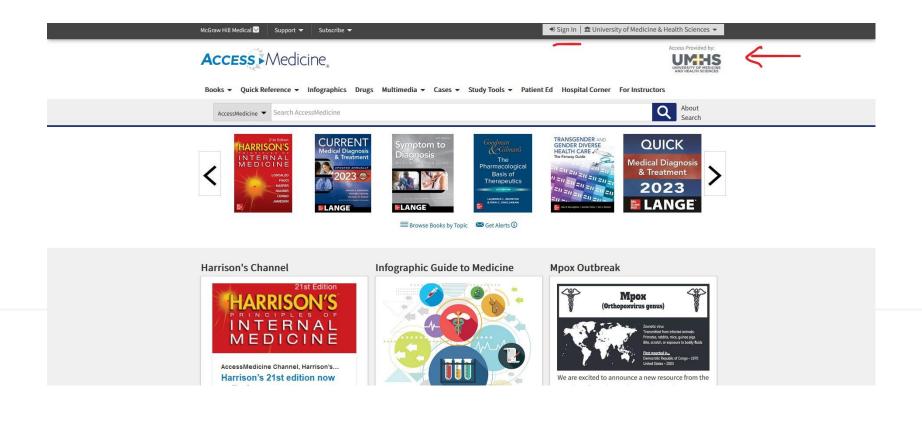
- Medical Reference eTexts
- Multimedia Library
- Drug database



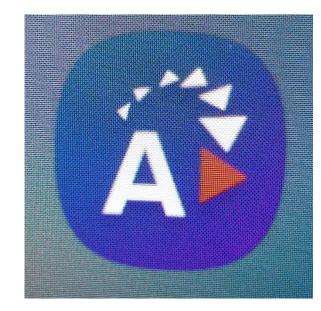
- Question Bank for self-assessment
- Interactive Cases
- Differential Diagnosis Tool & App
- Clerkship Resources

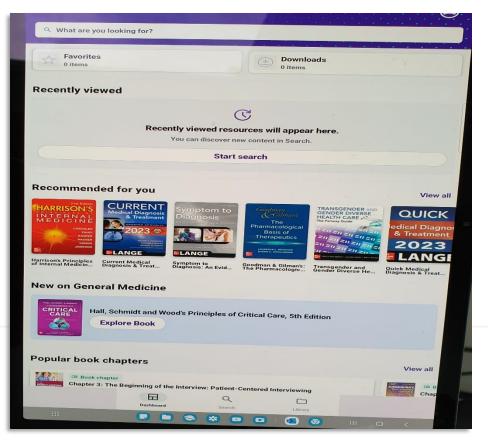
Video guides to using AM: see Library Services - LMS

Access Medicine: Personal Account Setup



Access Medicine App

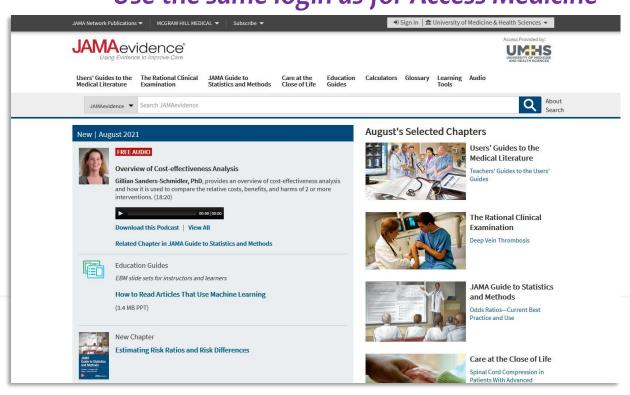






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Access link on <u>Library Home</u> page & <u>LMS</u> Use the same login as for Access Medicine



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AMBOSS Review & Question Bank

- •USMLE style QBank
- Test Prep & Practice
- Personal dashboard
 & study plan
- Skill report
- Supports learning in Basic & Clinical Sciences

Dashboard		LIBRARY	+ BASIC SCIENCES	· BY DISCIPLINE
Library	^	Basic sciences	By discipline	Anatomy and histology
Articles Chalk falk		By discipline	Anatomy and histology	anatomical terms
Study Plans	adge	🗇 By system	Blochemistry	Anatomy Illustration guizzes
🖗 Qbarik	~	AMBOSS content updates	Physiology	General histology
	ival guide	Chalk Talk Ibrary	immunology	Gastrointestinal
() Anahsis	sidency	AMBOSS fact shocts	Microbiology	Cardiovancular
Account	∼ Il guide	AMBOSS animations	Pathelogy	Respiratory
Help Center & Legal Info	∼ sedicine		Pharmacology	Blood, lymphoneticular, and immune systems
			Behavioral sciences	Musculoskeletal
			Social sciences, biostatistics, and epidemiology	Embryology
				Renal and urinary
				🖆 Fedaceline
				🗇 Neuroanatomy
				Sensory

Access link on <u>Library Home</u> page & <u>LMS</u>

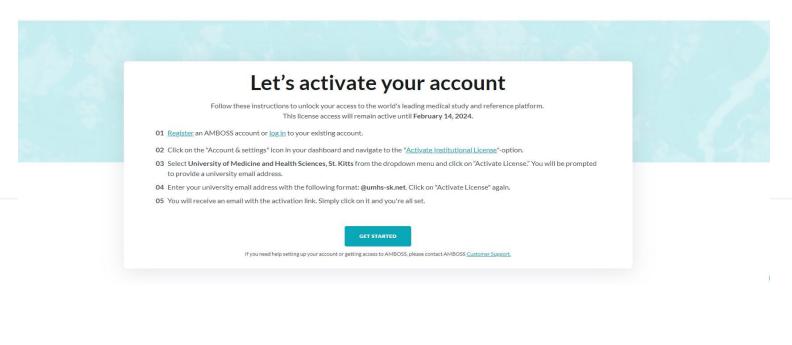
AMBOSS: Account Setup Instructions

AMBOSS Students Clinicians Institutions Anki Pricing Careers

5 DAY FREE TRIAL LOGIN

Welcome to AMBOSS

University of Medicine and Health Sciences, St. Kitts



UpToDate: Point-of-Care Clinical Database



structured by medical process:

screening, diagnosis, treatment, prognosis

- disease-based, clinical reference
- remote access with personal login
- mobile interface / App available / offline available
- rated evidence-based medicine treatment options
- embedded links to the latest research evidence
- Inks to topical patient education

UpToDate Access link on Library Home page & LMS

University of Medicine and Health Sciences 🗸
University of Medicine and Health Sciences ~ Register Log In

UpToDate Search

UpToDate [®] Search UpToDate	Q Iniversity of Medicine and Health Sciences						
Contents 🗸 Calculators Drug Interactions	UpToDate Pathways			Register	Lo	og In	
< Back			Find	8	Å	A	
Topic Outline	COVID-19: Management in hospitalized adults						
SUMMARY AND RECOMMENDATIONS	Authors: <u>Arthur Y Kim, MD, FIDSA, Rajesh T Gandhi, MD, FIDSA</u> Section Editor: Martin S Hirsch, MD						
INTRODUCTION	Deputy Editor: Allyson Bloom, MD						
EVALUATION	Contributor Disclosures						
GENERAL MANAGEMENT ISSUES	All topics are updated as new evidence becomes available and our <u>peer review process</u> is complete. Literature review current through: Dec 2021. This topic last updated: Jan 24, 2022.						
Empiric treatment for influenza during influenza season	erenene renen en en organ 1 una obie par disarces i n - 3						
Empiric treatment for bacterial pneumonia in select patients	INTRODUCTION Coronaviruses are important human and animal pathogens. At the end of 2019, a novel coronavirus was identified as the cause of a cluster of pneumonia cases in Wuhan, a city in the Hubei						
Prevention of and evaluation for venous thromboembolism							
NSAID use	Province of China. It rapidly spread, resulting in a global pandemic. The disease is designated COVID-19, which stands for coronavirus disease 2019 [1]. The virus that causes COVID-19 is designated severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2). This topic will discuss the management of COVID-19 in hospitalized adults. Our approach to hospital management evolves rapidly as clinical data emerge. Clinicians should consult their own local protocols for management, which may differ from our approach. Interim guidance has been issued by the <u>World Health Organization</u> and, in the United States, by the <u>Centers for Disease</u>						
Avoiding nebulized medications							
Managing chronic medications							
 ACE inhibitors/ARBs 	Control and Prevention [2,3] and the National Institutes of Health COVID-19 Treatment Guidelines Panel [4]. Links to these and other related society guidelines are found elsewhere. (See 'Society						
 Statins and aspirin 	guideline links' below.)						
 Immunomodulatory agents 	The management of patients with COVID-19 in the home and outpatient setting is discussed in detail elsewhere. (See "COVID-19: Outpatient evaluation and management of acute illness in						
Infection control	adults".) (Related Pathway(s): COVID-19: Initial telephone triage of adult outpatients and COVID-19: Anticoagulation in adults with COVID-19.)						
COVID-19-SPECIFIC THERAPY	Respiratory and critical care of patients with COVID-19 are also discussed separately. (See <u>"COVID-19: Respiratory care of the nonintubated hypoxemic adult (supplemental oxygen, noninvasive</u> ventilation, and intubation)" and "COVID-19: Management of the intubated adult".)						
Approach							
Defining disease severity							
 Patients without oxygen requirement 	The epidemiology, clinical features, diagnosis, and prevention of COVID-19 are discussed in detail elsewhere. (See "COVID-19: Epidemiology features" and "COVID-19: Diagnosis" and "COVID-19: Infection prevention for persons with SARS-CoV-2 infection" and "COVID-19: Vaccines"		evention" and "CC	VID-19: Clin	ICal		
 Patients with oxygen requirement/severe disease 		.,					
Specific treatments	EVALUATION						

Journal Literature Databases

Publisher EBSCO:

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- Academic Search Ultimate
- MEDLINE Complete
- http://search.ebscohost.com/
- access over 8,500 electronic journals in full text
- including 2000 medical journals in full text
- full text for 34% of titles cited in PubMed
- remote 24/7 access.
- mobile interface available.

Ask at the Library desk for generic login & password

- then create your own <u>MyEBSCO login</u> to access all database features.



EBSCO: Discovery Search

	PTSD Image: Constraint of the second sec
My dashboard	Results: 131,567
 Overview Projects Saved Searches Viewed 	RESEARCH STARTER Post-traumatic stress disorder. Post-traumatic stress disorder (PTSD) manifests following either direct or indirect exposure to actual or threatened death, serious injury, or sexual violence. Events such as natural Magill's Medical Guide (Online Edition), 2023 Other topics: Post-traumatic stress disorder and addiction.
Research tools	Read more →
Publications -bc Concept map Search Other Key	Peer reviewed Journal Article, Academic Journal Effects of a diet low in excitotoxins on PTSD symptoms and related biomarkers. Post-traumatic stress disorder (PTSD) develops after trauma exposure and involves symptoms of avoidance, intrusive re-experiencing, mood and cognitive dysfunction, and hypervigilance. PTSD is often comorbid with Gulf War Illness
Resources Library Links UMHS LMS	Subjects: Stress Disorders, Post-Traumatic diagnosis; Stress Disorders, Post-Traumatic psychology; Humans; Neurotoxins; Hydrocortisone; Diet; +3 more Published in: Nutritional neuroscience, 2024 Jan Database: MEDLINE Complete By: Murray, Sidney L; Holton, Kathleen F
Library Home Library Blog	Access options View details 🛛 😫 More like this
Library Catalogue	 Peer reviewed Journal Article, Academic Journal PTSD, FOMO and fake news beliefs: a cross-sectional study of Wenchuan earthquake survivors.
	Post-traumatic stress disorder (PTSD) sufferers show problematic patterns of Internet use such as fear of missing out (FOMO) and charing misinformation and fake news. This study aimed to investigate these associations in suprivors of

Discovery Search: Library Materials

	parasitology Image: Constraint of the second se
My dashboard Overview Projects	Showing results for: parasitology Did you mean: <u>parasitologia</u> Results: 36 JF Relevance V
Saved Searches Viewed	Publication RestARCH STATER Journal Parasitology Subjects: Science - Zoology, Sciences - Biology and Life Medical parasitology is the study of parasites and the human diseases caused by these organisms. By Sciences - Parasitology Subjects: Science - Biology and Life
Research tools General search Publications -%	Sciences - Parasitology Parasitology Salem Press Encyclopedia of Health, 2023 ISSN: 0031-1820; 1469-8161 Search within this publication About this publication → Read more →
 Search Other Key Resources Library Links 	Book Medical parasitology : a self-instructional text / Ruth Leventhal, Russell F. Cheadle
UMHS LMS Library Home Library Blog	Subjects: Medical parasitology Programmed instruction; Parasitology Programmed Instruction Published in: 2012 Database: Anne Ross Library Catalog UMHS By: Leventhal, Ruth
Library Catalogue	Status: Location: Call number: View Catalog Record Main QR 251.L38 2012
	Access options 🗸 View details

EBSCO Journals: Search Interface

New Search MeSH 2024	Publications	Images Indexes				Sign In I	Folder Preferences L	anguages 🔹 Ask a Librarian 🛛 He
EBSCOhost ®	earching: MEDLIN	E Complete Choose Databases						UMHS
[ptsd or post t	raumatic stress disorder	Select a Field (optional) -	Search				UNIVERSITY OF MEDICI AND HEALTH SCIENCE
-	AND - treatm	nent or intervention or therapy	Select a Field (optional) -	Create Alert				
-	AND +		Select a Field (optional) -	Clear (?)				
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earch History/Alerts	5							
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Select / deselect all	earch with AND	Search with OR Delete Searches						Refresh Search Results
Search ID# Sea	arch Terms				Search Options		Actions	
🗆 S1 🔝	(ptsd or post traun	natic stress disorder) AND (treatment or interve	ntion or therapy)		Limiters - Full Text		View Results (10,220)	😢 <u>View Details</u> 🗹 Edit
					Expanders - Apply related words; Apply equ	iivalent subjects		
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Current Search Boolean/Phrase:		fectiveness of school-based psy ng adolescents in sub-Saharan				st-traumatic stress	disorder 🦻	University of Nebraska Me (Business Wire (English), 604 days ago)
(ptsd or post traumatic str ess disorder) AND (treat ment or int	1		e M; Asrat Yirdaw B; Gebeyehu A; G	elaye B; Azale T, PloS on	e [PLoS One], ISSN: 1932-6203, 2023 Nov 20;	Vol. 18 (11), pp. e0293988; Publ	isher: Public Library of Science	Engelstad Foundation Dona (Business Wire (English), 64 days ago)
Expanders	Acad	lemic	epresent a high burden and early on	set. They compromise the	eir physical health, survival, and future potential.	On the other hand, young peop	le have inadequate	Australia is the first
Apply related words	Jou	Imal Subjects: Stress Disorders, Post-Tra Psychosocial Intervention; Randomize			ogy; Young Adult; Adolescent; Humans; Psychol	therapy methods; Depression th	erapy; Depression diagnosis;	co (AP Regional State Report 194 days
Apply equivalent subjects				anarapy, Anxiety diagnos	n <i>3</i>			ago)
Limiters		管 HTML Full Text 🏂 PDF Full 1	ext					Find More
Full Text								
	2. Fo	rmal mindfulness practice predi	cts reductions in PTSD s	ymptom severity	following a mindfulness-based i	intervention for wom	en with co-	Related Images +
_imit To	• OCCL	Irring PTSD and substance use	disorder.					
	-	(English) Abstract available By: Some	hano VC: Kanlan J: Newman AG: O	Neil M: Loveiov T. Addicti	on science & clinical practice (Addict Sci Clin Pr	acti ISSN: 1940-0640, 2022 Se	n 16: Vol. 17 (1) nn. 51: Publis	her and a second

EBSCO Mobile App

Research anytime, anywhere

Access journals, magazines, e-books and audiobooks whenever you need them.

Download the EBSCO Mobile app,a pocket-sized solution for accessing your library's resources.

The EBSCO Mobile app is available free of charge to all users of EBSCO Discovery Service (EDS) and EBSCOhost.





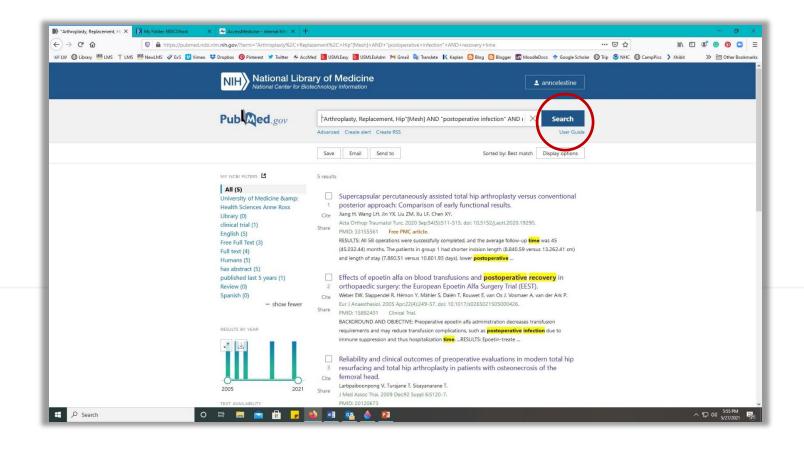
EBSCO

connect.ebsco.com

PubMed LinkOut to EBSCO

• Sign up for your personal MyNCBI login – (3rd party login)

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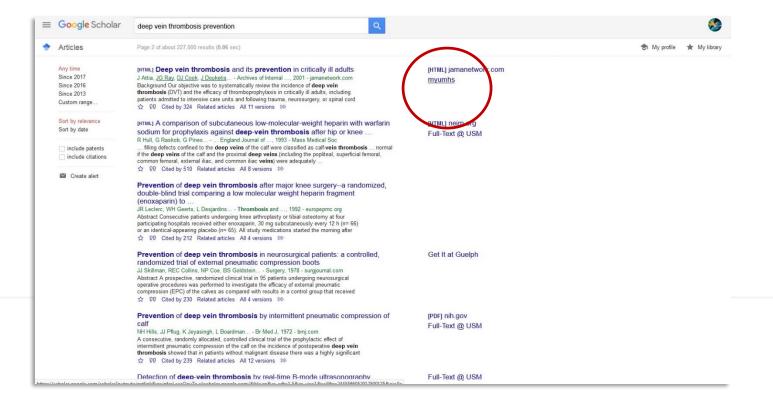


PubMed Search: Single Article Screen

NIH National Libr National Center for Bi	NIH) National Library of Medicine National Center for Biotechnology Information				
Pub Med.gov	, Replacement, Hip"[Mesh] AND "postoperative infection" A Advanced	ND recovery time X Search User Guide			
Search results	Save	Email Send to Display options			
doi: 10.5152/j.aott.2020.19290. Supercapsular per arthroplasty vers Comparison of ea Heng Jiang ¹ , Li-Hong Wang ² , M Affiliations + expand	Orthop Traumatol Turc. 2020 Sep:54(5):511-515. rcutaneously assisted total hip us conventional posterior approacl arly functional results Yong-Xin Jin ¹ , Zhi-Ming Liu ¹ , Liang-Feng Xu ¹ , Xian-Yun Chen ¹ 646623 DOI: 10.5152/j.aott.2020.19290	Actions			
	xplore the early functional results of total <mark>hip arthroplasty</mark> (THA) neously assisted total <mark>hip</mark> (SuperPATH) microposterior approach.				
our hospital were enrolled. A tota	udy, 58 patients treated with THA from October 2015 to April 201 al of 28 patients (11 men and 17 women; mean age: 74.95±7.06 ne SuperPATH approach (group 1), and the remaining 30 patients (Title & authors			
approach (group 2). To summariz retrospectively analyzed the follo	75.63±7.89 years) were operated on using the conventional poster ze the early functional results of the SuperPATH approach, we wing demographics, perioperative factors, and measures of joint fiagnosis, preoperative visual analog scale (VAS) for pain, body ma	Conflict of interest			



Google Scholar Search

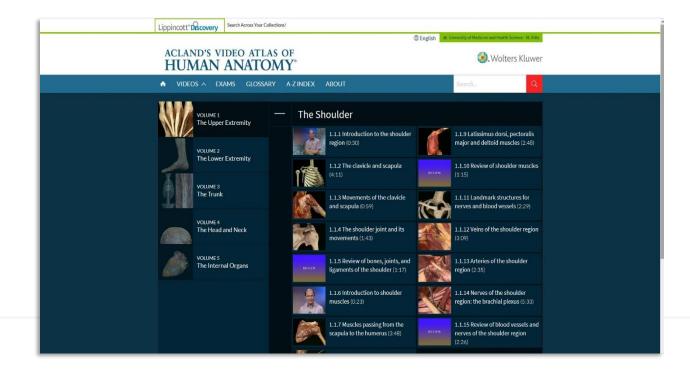


Acland's Atlas of Anatomy

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ST KITTS

Access link on Library Home page & LMS



Bates Visual Guide to Physical Examination

C* University of Medicine and Health Sciences

ST KITTS

Access link on Library Home page & LMS



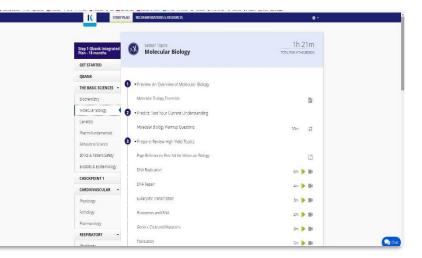
UMHS" University of Medicine and Health Sciences

Kaplan Review & Question Bank

***You need to opt-in to gain access to this resource!

- USMLE style Q-Bank
- Test Prep & Practice
- Personal dashboard & study plan
- Skill report
- Basic Science Lectures
- Login:

USER: first part of UMHS email to @ PSW: emailed from Kaplan



Access link on Library Home page & LMS

Medical Kits



Filtered collections of links to useful web-based resources:

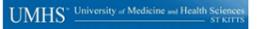
Medical Kit [>120 links]

Also a specific toolkit for each semester

- Med1 Kit
- Med2 Kit
- Med3 Kit
- Med4 Kit
- Med5 Kit Maine students

Library Twitter Feed





Library Pinterest Boards

 Medicine, medical school, the Caribbean & UMHS Library

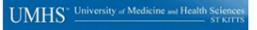


Advancing & Inspiring Medical Education @ UMHS

UMHS "University of Medicine and Health Sciences ST KITTS

The UMHS Endeavour Blog

- The official UMHS Blog
- News and views on medical education
- UMHS faculty and student happenings and accomplishments
- Developments of interest to current and prospective students
- reports about UMHS research and publications
- Focus on Caribbean medical schools



Other Resources

- UMHS Exam Portal : ExamSoft & Examplify
- UMHS Facebook, Instagram & YouTube Channel
- CAMS : access your final course grades
- UMHS email remote access link

All Links on the Library Home Page [bottom] OR Med Kits

Summary: Accounts/ Logins/Passwords

UMHS" University of Medicine and Heal

- 1. Library Account: allows you to sign out library materials
- 2. UMHS LMS: USER: first part of UMHS email address PSW: Changeme24 - prompts psw change – The Registrar sets this up after your registration has been completed.
- 3. EBSCO: Generic login on LMS, then set up own personal MyEBSCO account save searches, download ebooks, etc.
- 4. Access Medicine: Generic login on LMS, then set up own personal Access account - interactive cases, Qbank, robust mobile App – download from your App Store.
- 5. JAMAevidence: same login as for Access Medicine
- 6. Kaplan: You need to email Kaplan and opt-in at beginning of the new semester (email medservice@Kaplan.com).
- 7. PubMed: via UMHS LinkOut, set up own login for more features & link to UMHS full text journals in EBSCO.

UMHS " University of Medicine and Health Sciences ST KITTS

Summary: Accounts/ Logins/Passwords

- 8. Bates: create own login, details on LMS.
- 9. Aclands Anatomy: create own login, details on LMS.
- 10. Twitter: set up own Twitter account & follow us.
- 11. Pinterest: set up own Pinterest account & follow us.
- 12. ExamSoft: computer-based exams, I email you your login during week 2.
- 13. CAMS Student Portal: the IT Dept. provides your login official CAMS student number & PSW ~ access final course grades, transcripts, registration information.
- 14. WebMail: UMHS official email ~ the IT Dept. provides your initial login.

Where would you find?

- 1. You have a patient with a recent diagnosis of Alzheimer's Disease. What is the prognosis? [UpToDate] [AMBOSS][Access Medicine]
- 2. You want to practice your diagnostic skills with clinical cases. [Access Medicine] [Toolkit Links]
- 3. Does the library have a recent title on endocrine physiology?
 [Library Catalogue] [Access Medicine] [EBSCO ebooks] [EDS]
 4. You want to practice doing some USMLE style questions.
 [AMBOSS] [Access Med] [Kaplan Qbank] [Library Qbank Books]
 5. How do I perform a cardiac clinical examination?
 [Access Medicine] [Bates Videos] [JAMAevidence]
 6. What hours is the library open & how contact the library staff?
 [Contact webpage] [Library Blog] [LMS] [Library Door Sign]
 7. How do I renew a book? [Library Desk] [library@umhs-sk.net]

Where would you find?

- 8. How do I place a hold on a library item? [Library Desk] [Library Catalogue] 9. How do I access medical journal articles? [EBSCO] [PubMed Link Out] [Google Scholar] 10. Where do I go to see my exam grades? [ExamSoft Portal] [CAMS Student Portal – Final grades] [ARP - LMS] 11. How do I record my class attendance? [UMHS LMS - under course] 12. How can I access course materials? [UMHS LMS – under course] 13. What's happening, news, events, resource information? [LMS Library Services] [Library Blog] [Twitter] [Pinterest] [Digital Signs] 14. What is playing at SK cinema? [Library Blog-right sidebar links] 15. What's happening in medical education; faculty and students research and achievements? [UMHS Endeavour Blog] 16. How do I access UMHS Web Mail? [Library webpage – 3rd column
 - along bottom]

Thank You We look forward to serving you!

Ann Celestine Director of Library & Educational Applications

Library Staff: Linda Lowry ~ Doya James ~ Raeeza Rahaman Nicola Herbert ~ Akeem Connor



